Semester	Course Type	Nomenclature of Course	Course Code	Credits Distribution			Total Credits	Workload			Total Workload	Marks			Total Marks
				L	T	P		L	T	P		Theory		Practical	
												Internal	External		
Semester V (Session 2026-27)														
Semester V	DSC-11	Biological Basis of Behaviour	26PSYS405DS01	4	0	0	4	4	0	0	4	30	70	----	100
	DSC-12	Understanding and Dealing with Psychological Disorders	26PSYS405DS02	4	0	0	4	4	0	0	4	30	70	----	100
	DSC-13	Introduction to Criminal and Forensic Psychology	26PSYS405DS03	4	0	0	4	4	0	0	4	30	70	----	100
	DSC-14	Practicals	26PSYS405DS04	0	0	4	4	0	0	8	8	--	--	100 (Formative Assessment)	100
	MIC-5 (Voc.)	Psychology of Community Development	26PSY405MV01	2	0	2	4	2	0	4	6	15	35	50 (Formative Assessment)	100
	Internship	Internship	26PSY405IN01	---	---	--	4	---	--	-	--			100	100

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Unit 4:

Social issues in the Community: Child Maltreatment, Teenage Pregnancy, Intimate Partner Violence, The Elderly and Homeless.

References:

1. Duffy, K.G., & Wong, F.Y. (1996). *Community Psychology.* Allyn and Bacon.
2. Lewis, B. (2021). *Community Psychology.* Murphy and Moore.
3. Moristsugu, J., Vera, E., Wong, F.Y., & Duffy, K.G. (2019). *Community Psychology.* Routledge.

Part B: Practicals

Name of Program	Under Graduate (Single Major in Psychology)	Program Code	USPSY4
Name of the Course	Psychology of Community Development	Course Code	26PSY405MV01
Hours per Week	4	Credits	2 (L:0 T:0 P:4)
Maximum Marks	50	Time of Examinations	Formative Assessment

Note: Formative Assessment

Course Learning Outcomes (CLO):

CLO 1: Students would acquire the ability to conduct and record the survey.

Practicals (Field Work)

To conduct and report a survey related to any relevant problem of the community. The sample size should be a minimum of 30 subjects.

Semester	Course Type	Nomenclature of Course	Course Code	Credits Distribution			Total Credits	Workload			Total Workload	Marks			Total Marks
												Theory		Practical	
				L	T	P		L	T	P		Internal	External		
Semester VI (Session 2026-27)															

Semester	Course Type	Nomenclature of Course	Course Code	L	T	P	Total Credits	L	T	P	Total Workload	Internal	External	Practical	Total Marks
Semester VI	DSC-15	Introduction to Industrial Psychology	26PSYS406DS01	4	0	0	4	4	0	0	4	30	70	----	100
	DSC-16	Neuro Psychology	26PSYS406DS02	4	0	0	4	4	0	0	4	30	70	----	100
	DSC-17	Applied Areas of Psychology	26PSYS406DS03	4	0	0	4	4	0	0	4	30	70	----	100
	DSC-18	Practicals	26PSYS406DS04	0	0	4	4	0	0	8	8	--	--	100 (Formative Assessment)	100
	MIC-6 (VOC)	Media Psychology	26PSY406MV01	2	0	2	4	2	0	4	6	15	35	50 (Formative Assessment)	100
	SEC-4	Psychology of Group Dynamics	26PSY406SE01	2	---	--	2	--	--	--	--			50 (Formative Assessment)	50

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Semester -VI
Session: 2026-27

Part A: Theory   -   **50 Marks**
Part B: Practicals -   **50 Marks**
Total   -   **100 Marks**

Part A: Theory

Name of Program	Under Graduate (Single Major in Psychology)	Program Code	USPSY4
Name of the Course	Media Psychology	Course Code	26PSY406MV01
Hours per Week	2	Credits	2 (L:2 T:0 P:0)
Maximum Marks	50 (Internal 15 and External 35)	Time of Examinations	3 Hours

Note:
Examiner will set nine questions and the candidates will be required to attempt five questions in all. Question number one will be compulsory containing short answer type questions from all units. Further, examiner will set two questions from each unit and the candidates will be required to attempt one question from each Unit. All questions will carry equal marks.

Course Learning Outcomes (CLO):
CLO 1: Students would have an understanding of the theoretical concept of media psychology.
CLO 2: Students would gain knowledge about the impact of impact on mental health.
CLO 3: Students would be able to understand the role of psychology in advertisement.
CLO 4: Students would develop an understanding of social media and its influences.
CLO 5: Students would have an understanding of media violence and its consequences.

Unit 1:
Introduction to Media Psychology: Nature, Types of media, Digital literacy, Digital citizenship.

Unit 2:
Media and Mental Health: Positive and Negative impact on mental health, Role of parents and care givers in Digital Media and Mental Health.

Unit 3:
Psychology and Advertising: Psychological factors in Advertising, Rise of Social media influencers and the types. Psychology and Gaming: Gamer identity, Effects of gaming.

Unit 4:
Psychology and News: Sources of News. Fake, Bad and Serious news, Determinants of Fake News.
Media violence – Consequences of viewing media violence, Characteristics of the users of violent media.

References:
1. Beauvais C. (2022). Fake news: Why do we believe it? Joint Bone Spine, *89*(4), 105371. https://doi.org/10.1016/j.jbspin.2022.105371
2. Giles. D, (2003). *Media Psychology.* Lawrence Erlbaum Associates & Publishers.
3. Kumar, N. (2021). *Media Psychology: Exploration and application.* Routledge.
4. Stever, G. S., Giles, D. C., Cohen, J., & Myers, M. E. (2021). *Understanding Media. Psychology.* Routledge.

Part B: Practicals

Name of Program	Under Graduate (Single Major in Psychology)	Program Code	USPSY4
Name of the Course	Media Psychology	Course Code	26PSY406MV01
Hours per Week	4	Credits	2 (L:0 T:0 P:4)
Maximum Marks	50	Time of Examinations	Formative Assessment

Note: Students have to conduct and report at least **Five (5)** practicals.

Course Learning Outcomes (CLO):
CLO 1: Students would acquire the ability to administer, interpret and report psychological tests.

List of Practicals

1. Internet Addiction
2. Digital Stress Scale
3. Social Media Usage Scale
4. Problematic Gaming Scale/ Gaming Disorder Scale
5. Digital Citizenship Scale
6. Attitude towards Media Violence
7. Screen Time/ Screen Exposure Questionnaire

Part A: Theory   -   **50 Marks**
Total   -   **50 Marks**

Name of Program	Under Graduate (Single Major in Psychology)	Program Code	USPSY4
Name of the Course	Psychology of Group Dynamics	Course Code	26PSY406SE01
Hours per Week	2	Credits	2 (L:2 T:0 P: 0)
Maximum Marks	50	Time of Examinations	Formative Assessment

Note: The Formative Assessment would be carried out as per the details in the annexure attached.

Course Learning Outcomes (CLO):
CLO 1: The students would understand the fundamental concepts and elementary processes of group dynamics.
CLO 2: Students would understand the process of group formation.
CLO 3: The students would understand the factors and concepts of group agreements and effectiveness.
CLO 4: The students would be able to understand the moral behaviour among groups and the processes involved in bringing groups together.
CLO 5: It would enable students to learn group intervention skills and strategies to increase effectiveness and decrease group conflicts.

Unit 1:
Group Dynamics: Meaning, Groups Formation: Stages, Cohesion and Group Development.

Unit 2:
Agreements in Groups: Acquisition and development of Group Norms, Group Effectiveness: Group Productivity, Health and well Being in Groups.

Unit 3:
Morality in Groups: Conflict and Inequality in groups, Collective aggression in groups, and Helping Behaviour in Groups.

Unit 4:
Group Interventions: Strategies for Effective Interventions; Group Planning, Confronting Acting Out Behaviour in Groups.

References:

1. Baron, R. S., & Kerr, N. L. (2003). *Group Process, Group Decision, Group Action* (2nd ed.). McGraw-Hill.
2. Brandler, S., & Roman, C.P. (2015). *Group Work: Skills and Strategies for Effective Interventions* (3rd ed.). Routledge.
3. Brown, R., & Pehrson, S. (2020). *Group Processes: Dynamics within and Between Groups* (3rd ed.). Wiley-Blackwell.
4. Forsyth, D. R. (2018). *Group Dynamics* (7th ed.). Cengage Learning.
5. Hogg, M. A., & Vaughan, G. M. (2018). *Social Psychology* (8th ed.). Pearson.
6. Janis, I. L. (1982). *Groupthink: Psychological Studies of Policy Decisions and Fiascos* (2nd ed.). Houghton Mifflin.
7. Levi, D. (2020). *Group Dynamics for Teams* (6th ed.). Sage Publications.
8. Tuckman, B. W., & Jensen, M. A. C. (1977). Stages of small-group development revisited. *Group & Organization Studies, 2*(4), 419-427.

Semester	Course Type	Nomenclature of Course	Course Code	Credits Distribution			Total Credits	Workload			Total Workload	Marks			Total Marks
												Theory			
				L	T	P		L	T	P		Internal	External	Practical	
Semester VI (Session 2026-27)															
Semester VI	DSC 6	Basics of Health Psychology	26PSYM406DS01	3	0	1	4	3	0	2	5	25	50	25 (Formative Assessment)	100
	MIC 5	Introduction to Positive Psychology	25PSY403MI01	2	0	2	4	2	0	4	6	15	35	50 (Formative Assessment)	100
	MIC 6 (VOC)	Media Psychology	26PSY406MV01	2	0	2	4	2	0	4	6	15	35	50 (Formative Assessment)	100
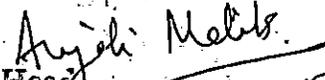
Anjali Malik
Head
Department of Psychology
M.D. University, Rohtak (Haryana)

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Semester-VI
Session: 2026-27

Part A: Theory - 50 Marks
Part B: Practicals - 50 Marks
Total - 100 Marks

Part A: Theory

Name of Program	Under Graduate (Multidisciplinary with Hons. in Psychology)	Program Code	UMBA4
Name of the Course	Introduction to Positive Psychology	Course Code	25PSY403MI01
Hours per Week	2	Credits	2 (L:2 T:0 P:0)
Maximum Marks	50 (Internal 15 and External 35)	Time of Examinations	3 Hours

Note:
Examiner will set nine questions and the candidates will be required to attempt five questions in all. Question number one will be compulsory containing short answer type questions from all units. Further, examiner will set two questions from each unit and the candidates will be required to attempt one question from each Unit. All questions will carry equal marks.

Course Learning Outcomes (CLO):
CLO 1: Students would gain knowledge about the basics of positive psychology.
CLO 2: Theoretical knowledge about human virtues.
CLO 3: Knowledge about the latent role played by positive cognitive states in boosting well-being would prove an asset to the students in their profession.
CLO4: Students would understand the relevance and the benefits of pro-social behaviour.
CLO 5: Students would understand the importance of positive emotional states in human life.

Unit 1:
Introduction to Positive Psychology: Origin, Assumptions and Goals of Positive Psychology.

Unit 2:
Character Strengths: Values in Action Classification.

Unit 3:
Positive Emotional States: Positive Emotional States- Past (Life satisfaction), Present (Happiness) and Future (Hope & optimism).

Unit 4:
Pro-Social Behaviour: Gratitude and Forgiveness.

References:
1. Carr, A. (2022). *Positive Psychology: The Science of Well-being and Human Strengths*. Routledge.
2. Snyder, C, R., & Lopez, S.L. (2008). *Positive Psychology: The Scientific and Practical Explorations of Human Strengths*. Sage.

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Part B: Practicals

Name of Program	Under Graduate (Multidisciplinary with Hons. in Psychology)	Program Code	UMBA4
Name of the Course	Introduction to Positive Psychology	Course Code	25PSY403M101
Hours per Week	4	Credits	2 (L:0 T:0 P:2)
Maximum Marks	50	Time of Examinations	Formative Assessment

Note: Formative Assessment

Section A:
Course Learning Outcomes (CLO):
CLO 1: Students would acquire the ability to administer, interpret and report psychological tests.

Note:
1. Students have to conduct and report at least **Six (6)** tests.

List of Practicals:
1. Hope
2. Optimism
3. Self-Efficacy
4. Resilience
5. Gratitude
6. Forgiveness
7. Positive Negative Affect Schedule (PANAS)
8. Self Esteem
9. Wellbeing
10. Satisfaction with Life.

Section B:
Course Learning Outcomes (CLO):
CLO 1: Students would acquire the ability to develop personality profiles through qualitative method.

Note:
1. Students have to create two personality profiles of any past / present individuals who display these qualities. Sources of materials could be newspapers, magazines, other articles, etc.

Personality Profiling:
1. Resilience
2. Wisdom
3. Humanity
4. Bravery

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Head
Dept.
M.D. Univ.,

Semester -VI
Session: 2026-27

Part A: Theory	-	50 Marks
Part B: Practicals	-	50 Marks
Total	-	100 Marks

Part A: Theory

Name of Program	Under Graduate (Multidisciplinary with Hons. in Psychology)	Program Code	UMBA4
Name of the Course	Media Psychology	Course Code	26PSY406MV01
Hours per Week	2	Credits	2 (L:2 T:0 P:0)
Maximum Marks	50 (Internal 15 and External 35)	Time of Examinations	3 Hours

Note:
Examiner will set nine questions and the candidates will be required to attempt five questions in all. Question number one will be compulsory containing short answer type questions from all units. Further, examiner will set two questions from each unit and the candidates will be required to attempt one question from each Unit. All questions will carry equal marks.

Course Learning Outcomes (CLO):
CLO 1: Students would have an understanding of the theoretical concept of media psychology.
CLO 2: Students would gain knowledge about the impact of impact on mental health.
CLO 3: Students would be able to understand the role of psychology in advertisement.
CLO 4: Students would develop an understanding of social media and its influences.
CLO 5: Students would have an understanding of media violence and its consequences.

Unit 1:
Introduction to Media Psychology: Nature, Types of media, Digital literacy, Digital citizenship.

Unit 2:
Media and Mental Health: Positive and Negative impact on mental health, Role of parents and care givers in Digital Media and Mental Health.

Unit 3:
Psychology and Advertising: Psychological factors in Advertising, Rise of Social media influencers and the types. Psychology and Gaming: Gamer identity, Effects of gaming.

Unit 4:
Psychology and News: Sources of News, Fake, Bad and Serious news, Determinants of Fake News.
Media violence – Consequences of viewing media violence, Characteristics of the users of violent media.

References:
1. Beauvais C. (2022). Fake news: Why do we believe it? Joint Bone Spine, *89*(4), 105371. https://doi.org/10.1016/j.jbspin.2022.105371
2. Giles. D; (2003). *Media Psychology.* Lawrence Erlbaum Associates & Publishers.
3. Kumar, N. (2021). *Media Psychology: Exploration and application.* Routledge.
4. Stever, G. S., Giles, D. C., Cohen, J., & Myers, M. E. (2021). *Understanding Media Psychology.* Routledge.

Part B: Practicals

Name of Program	Under Graduate (Multidisciplinary with Hons. in Psychology)	Program Code	UMBA4
Name of the Course	Media Psychology	Course Code	26PSY406MV01
Hours per Week	4	Credits	2 (L:0 T:0 P:4)
Maximum Marks	50	Time of Examinations	Formative Assessment

Note: Students have to conduct and report at least Five (5) practicals.

Course Learning Outcomes (CLO):
CLO 1: Students would acquire the ability to administer, interpret and report psychological tests.

List of Practicals

1. Internet Addiction
2. Digital Stress Scale
3. Social Media Usage Scale
4. Problematic Gaming Scale/ Gaming Disorder Scale
5. Digital Citizenship Scale
6. Attitude towards Media Violence
7. Screen Time/ Screen Exposure Questionnaire